

## **GOLD Sub-Personality Part**

*I need to follow rules and respect authority*

**Loyal, Dependable, Prepared**

*I have a strong sense of what is right and wrong in life*

**Thorough, Sensible, Punctual**

*I need to be useful and belong*

**Faithful, Stable, Organized**

*I value home, family, and tradition*

**Caring, Concerned, Concrete**

*I am a natural preserver, a parent, a helper*



### **In childhood...**

- ✓ I wanted to follow the rules and regulations of the school.
- ✓ I understood and respected authority and was comfortable with academic routine.
- ✓ I was the easiest of all types of children to adapt to the education system.

### **In relationships...**

- ✓ I am serious and tend to have traditional, conservative views of both love and marriage.
- ✓ I enjoy others who can work along with me, building secure, predictable relationships together.
- ✓ I demonstrate admiration through the practical things I do for the ones I love.

### **At work...**

- ✓ I provide stability and can maintain organization.
- ✓ My ability to handle details and to work hard makes me the backbone of many organizations.
- ✓ I believe that work comes before play, even if I must work overtime to complete the task.

### **Leadership Style...**

- ✓ Expects punctuality, order, loyalty
- ✓ Assumes "right" way to do things
- ✓ Seldom questions tradition
- ✓ Rules oriented
- ✓ Detailed/thorough approach - threatened by change
- ✓ Prolonged time to initiate any change
- ✓ Expects people to "play" their roles

### **Symptoms of a Bad day...**

- ✓ Complaining and self-pity
- ✓ Anxiety and worry
- ✓ Depression and fatigue
- ✓ Psychosomatic problems
- ✓ Malicious judgments about yourself or others
- ✓ Herd mentality exhibited in blind following of leaders
- ✓ Authoritarianism and phobic reactions